



RECREATION DEPARTMENT MONTHLY REPORT

April 2019

STAFF: Norma Jean Page, Recreation Director
Karrie Ferrell, Assistant Director (programs)
Aaron Sweet, Recreation Supervisor (athletics)
Robert Asero, Parks & Grounds Supervisor
Weston Smith, Recreation Supervisor (special events)
Holly Norton, Community Specialist
Joshua Key, Parks & Facilities Specialist

Programs and Classes

Acting Performance Workshop

The next acting workshop will be held August 5th – August 9th. The participants will build on acting fundamentals with theater games and improvisation. Camp participants will perform Shakespeare's *Midsummer Night's Dream* on Friday, August 9th. Camp registration is currently open for acting camp, and six (6) people are registered. Jean Schubert, Instructor.

Ballet

Class will resume in September. Kim Chesley-Breland, Instructor.

Barre & More

Nine (9) people have been participating in the Barre class. Class is held on Mondays and Wednesdays at 9:15 a.m. in the Magnolia/Palmetto Room. Angela Reinhardt, Instructor.

Boot Camp

Five (5) people have been participating in the Boot Camp class held on Monday/Wednesday/Friday mornings at 7:00 a.m. Class is held in the High Tide/Low Tide Room. Pat Boyd, Instructor.

Core & More

Six (6) people have been participating in the Core & More class scheduled on Monday and Thursday mornings at 10:30 a.m. Class is held in the High Tide/Low Tide Room. Jeromy Miller, Instructor.

Dog Obedience

Kinderpuppy – Large Breed: Class started Monday, April 15th at 6:30 p.m. Class is full with ten (10) participants. Dog Obedience is held in the Gymnasium.

Kinderpuppy – Toy Breed: Class started on Monday, April 15th at 7:30 p.m. Class has eleven (11) dogs enrolled. All dog obedience classes will resume in September 2019.

FitBody in 50

Fourteen (14) people have been participating in the FitBody class offered Tuesdays and Thursdays. Currently ten (10) people have been participating in the 9:30 a.m. class and four (4) people in the 5:30 p.m. class. Class is held in the High Tide/Low Tide Room. Geri D'Italia, Instructor.

Gather Knit & Stitch

Eight (8) ladies have been meeting in the lobby to socialize and knit. The group is free and self-led. Participants are more than happy to assist in technique and share patterns and knowledge. Gather Knit & Stich is held on Monday mornings from 10:00 a.m. – 12:00 p.m. in the Recreation Lobby.

Giggling Artist

Giggling Artist started April 10th, six (6) people are participating in the session. Class is held in the Magnolia Room on Wednesdays from 4:00 p.m. – 5:00 p.m. Diana Connors, Instructor.

Giggling Artist Pre-K

Three (3) children are enrolled in the class that started Thursday, April 4th. Class is held in the Tadpole Room at 12:00 p.m. The next session will be offered in September 2019. Diana Connors, Instructor.

Gymnastics

Seventeen (17) little gymnast are currently enrolled and participating in the gymnastics program. The session started Tuesday, April 9th from 3:30 p.m. – 4:15 p.m. The next session of gymnastics will be held in September. Class is held in the Palmetto Room. Tricha Tapio, Instructor.

IOP Kids: 3-year old Pre-K Program

The IOP Kids program is full with ten (10) participants enrolled Monday/Wednesday/Friday and eleven (11) enrolled on Tuesday/Thursday. IOP Kids is a structured play group that gives children the opportunity to socialize and cooperate with peers in a classroom setting. Class follows the Charleston County School Calendar and the City of Isle of Palms Holiday schedule. The end of the year celebration will be held Thursday, May 23rd at 9:00 a.m. Cathy Adams, Instructor.

Keenagers

The Keenager senior social group potluck lunch meeting was held on Wednesday April 3rd. Lunch was provided by the Recreation Department. Darby Meyer entertained the group with stories about his time as a Page Boy for the United States Senate in 1955. Thirty Seven (37) people attended the meeting. The Lunch Bunch group met at IHOP on April 10th. The next Keenager luncheon will be held May 1st. Fellow Keenager, Doris Garner will entertain the group with a Mother's day song and storytelling.

Little Lotus Yoga

Five (5) participants are enrolled in the Little Lotus Yoga program. Class is designed to allow children to grow into their own practice of yoga. Participants take part in interactive storytelling, games, music and age appropriate journaling. Class is held on Thursdays at 8:15 a.m. in the Tadpole Room. The next session of Little Lotus is scheduled to begin May 2nd. Jennifer Rogers, Instructor

Line Dancing

Nine (9) men and woman have been participating in the Line Dancing class. Class is held on Thursdays from 9:30 a.m. – 10:30 a.m. in the Magnolia/Palmetto Room. Tricha Leonard, Instructor.

Mah Jongg

Twelve (12) ladies have been participating in the mah jongg social group. The ladies are happy to give tutorials and help beginners learn the game. Group meets in the Tadpole Room on Mondays from 12:00 p.m. – 3:00 p.m.

Mini Minnows

Six (6) participants are enrolled in the Mini Minnows program. Participants play and learn in a classroom setting, the program coincides with the Charleston County School District Calendar and City of Isle of Palms Holiday calendar. Mini Minnows is held Mondays, Wednesdays and Fridays from 12:00 p.m. - 3:00 p.m. in the Minnow Room. Cathy Adams, Instructor.

Mommy /Daddy & Me

Parent/Tot play group meet and socialize on Friday mornings from 9:30 a.m. – 11:00 a.m. Nineteen (19) parents and tots have dropped in during the month of April. The mommy & Me play group has been extended to Saturday mornings from 9:30 a.m.-11:00 a.m. The program is free and meets in the Tadpole Room.

Over 50 Fitness

Seventeen (17) seniors have been participating in the senior fitness class held on Tuesdays and Thursdays at 3:00 p.m. Class was developed to give a more advance alternative to the Monday/Wednesday enhance fitness class. Judy Fischer, Instructor.

Science with Sam

Seven (7) participants are enrolled in the Science with SAM class. Science class started Tuesday, March 5th at 12:00 p.m. – 1:00 p.m. and is held in the Tadpole Room. The next session is scheduled to start Tuesday, April 2nd. Samantha Barrineau, Instructor.

Senior Exercise: Enhance Fitness

Enhance Fitness is a county wide grant program administered through Roper Saint Francis Hospital. Currently fifty-eight people (58) are enrolled in the class approximately forty (40) attend class on a regular basis. Class is held on Mondays and Wednesdays at 3:00 p.m. in the High Tide/Low Tide Room. Class is currently on a waiting list. Judy Fischer, Instructor.

Spanish: Travel & Leisure

New to the programming list, Conversational Spanish class started Wednesday, January 23rd at 7:00 p.m. Fourteen (14) people participated in the class. At participants request an Intermediate Spanish class was offered. Class is scheduled to begin Wednesday, April 3rd at 7:00 p.m. An additional Beginner level class began April 3rd at 6:00 p.m. Seth Mason, Instructor.

Tae Kwon Do**Youth Tae Kwon Do**

Four (4) children have been participating in the Youth Tae Kwon Do class. Class is held on Saturday mornings at 9:00 a.m. Jack Emmel, Instructor.

Adult Tae Kwon Do

Fifteen (15) adults have been participating in the Tae Kwon Do class. Class is held Monday evenings, Wednesday evenings and Saturday mornings. Class is held in the gymnasium. Jack Emmel, Instructor. .

Tai Chi/Qigong

Seven (7) people have been participating in the Tai Chi class held on Tuesdays at 10:45 a.m. in the High Tide/Low Tide Room. Connie Cossetti, Instructor.

Adult Tennis

Twelve (12) participants have been meeting for beginner and Intermediate tennis lessons. Intermediate Tennis meets at 8:30 a.m. and the beginner group meets at 9:30 a.m. Corinne Enright, Instructor.

Tiny Tennis: Tennis class for ages 3 – 7 year olds. Participants use smaller court size, smaller net and low bounce tennis ball. All Tiny Tennis classes are full with six (6) participants. Classes are held on Tuesdays and Thursdays from 3:30 p.m. – 5:00 p.m.

Beginner Tennis: Class is for ages 7 and older. The Tuesday class has seven (7) people enrolled and the Thursday classes has six (6) people participating.

Intermediate Tennis: Three (3) participants are enrolled in the Tuesday and Thursday Intermediate tennis clinic. Class is held on Tuesdays and Thursdays from 6:00 p.m. – 7:00 p.m. Corinne Enright, Instructor.

Total Body Challenge

Thirty-nine (39) people have been participating in the morning fitness class. Class is scheduled Monday – Friday at 8:00 a.m. – 9:00 a.m. in the High Tide/Low Tide Room. Pat Boyd teaches Monday/Wednesday/Fridays and Angela Reinhardt teaches Tuesdays/Thursdays.

Wood Carving

Seven (7) gentleman have been meeting on Wednesdays from 10:00 a.m. – 12:00 p.m. to socialize and whittle. Class is free and meets in the Tadpole Room.

Yoga**Evening Yoga**

Six (6) people have been participating in the evening yoga class held on Wednesdays at 5:30 p.m. class is held in the Palmetto Room. Jen DeGoyler, Instructor.

Morning Yoga

Twenty –Two (22) people have been participating in the morning yoga class held on Monday/Wednesday/Friday mornings from 9:15 a.m. – 10:15 a.m. Class is held in the High Tide/ Low Tide Room. Pat Boyd, Instructor.

Saturday Yoga

Twenty (20) people have been participating in the Saturday yoga class. Class is held at 10:00 a.m. in the Palmetto Room. Jen DeGoyler, Instructor.

Zumba

Fifteen (15) people have been participating in the Zumba fitness class. Class is held on Mondays and Wednesdays at 6:15 p.m. – 7:15 p.m. in the High Tide/Low Tide Room. Dale Ellison, Instructor.

New Programs for Summer

Pickleball Lessons:

Beginner and Intermediate pickleball lesson will begin on Tuesday, June 4th. Morning and evening lessons will be offered for both beginner and intermediate level of play. The recreation department has paddles available for interested participants. Lessons are \$80 per month class time is approximately 80 minutes. Geri D'Italia, Certified Instructor.

New Programs for Fall

Handling Social Media with Confidence and Grace:

Class is scheduled to start in September 2019. Program topics include: The staying power of social media, stranger danger, confidence and self-esteem building, cyberbullying, parents they have your back and so much more. Social media is not encouraged and there is no screen time, open round table discussions in a safe and fun atmosphere. Currently class is focused towards girls 11 -12 years old. Future offerings can include ages 13-15years and boys and/or co-ed class. Instructed by Kensington Etiquette

Kids Planet Earth: Children 6 years and up

A hands on program taught through story-telling and learning about our planet through art. Topics include: keeping mother earth clean, taking care of the oceans and what we can do to make the world a better place to live. Teaching children to respect each other, and take care of themselves and their surroundings. Instructed by Kensington Etiquette.

Summer Athletic Camps

Rising Stars Basketball Camp

June 10 – June 14 Registration Now Open

Ages 5-9yrs Total: 22 IOP Resident: 10 Non-resident: Mt. Pleasant: 8 S.I.: 4

Ages 10-15yrs Total: 5 IOP Resident: 2 Non-resident: Mt. Pleasant: 2 S.I.: 1

Girls Volleyball Camp

June 17 – June 21, 2019 Registration Opens May 4th

Ages 10-15yrs

Get Your Spike on Volleyball Camp

August 12 – August 15, 2019 Registration Opens May 4th
Ages 10-16yrs

Camp Summershine and Wee Camp

2019 Registration Dates & Information

IOP Residents: Saturday, May 4 1:00pm - 3:00pm
Monday, May 6 - 17 7:00am - 5:00pm
Non Residents: Monday, May 13 -17 7:00am - 5:00pm

Camp Summershine ages 5-7 and 8-12 years:

Week 1: June 17 – 21 - Life on the Sea
Week 2: June 24 - 28 - Summershine Safari
Week 3: July 1 - 5 – Holidaze (NO CAMP JULY 4TH)
Week 4: July 8 - 12 – Get Out of Dodge
Week 5: July 15 - 19 Space is the Place
Week 6: July 22 - 26- Wild Waters
Week 7: July 29 – August 2 – Challenge Week

Wee Camp ages 3-4 years:

Week 1: June 17 – 21 Under the sea
Week 2: June 24 - 28 The Mighty Jungle
Week 3: July 1 – 5 Holidaze (NO CAMP JULY 4TH)
Week 4: July 8 - 12 Community Heroes
Week 5: July 15 - 19 Space is the Place
Week 6: July 22 - 26 Wild Waters
Week 7: July 29 – August 2 – Summer Olympics

Adult Athletics

Adult Spring Softball

The registration fee was \$425 per team. Games are being played on Wednesday and Thursday evening. A total of five teams (20 players per team, 100 total players) are playing in this league.

Adult Spring 3 on 3 Basketball

The registration fee was \$60 per team. Games are being played on Tuesday evening. A total of five teams (6players per team, 30 total players) are playing in this league.

Adult Spring 6 vs. 6 Soccer

The registration fee was \$250 per team. Games are being played on Tuesday evening. A total of nine teams (12players per team, 108 total players) are playing in this league.

Adult Spring Table Tennis Singles League

The registration fee was \$10 per player. Games are being played on Tuesday afternoon. A total of fourteen players are playing in this league.

Youth Baseball (Ages 3-12)

Baseball games are currently being played and all participants will receive a participation medal at the conclusion of their season. Team jerseys and hats have been supplied for all players. Youth Baseball Picture Day was April 10th.

Youth Baseball Registration

Fast Start Baseball	Total: 34	IOP Resident: 16	Non-resident: 15	S.I.: 3
5/6 T-Ball	Total: 54	IOP Resident: 31	Non-resident: 22	S.I.: 1
7/8 Machine Pitch	Total: 44	IOP Resident: 24	Non-resident: 15	S.I.: 5
9-12 Youth Baseball	Total: 33	IOP Resident: 18	Non-resident: 11	S.I.: 4

Volleyball League Play

The Youth Volleyball League Play started on Thursday, April 11th. Participants receive instruction from coaches in real game situations. Volleyball League Play is for children 4th – 8th grades. Currently fifty-four (54) people participating in this activity. Laura & Kreg Togami, Instructors/Coach

Special Events

Easter Egg Hunt

The annual Isle of Palms Easter Egg Hunt was held on Saturday, April 20th at 10:00 a.m. There were four (4) age groups searching for Easter Eggs to hand in for a bag of candy. The age groups include: 3 and under, 4-6, 7-9, and 10-12. The day featured jump castles, a balloon artist, two stilts entertainers, a photo booth, face painting, and ice cream. The Easter Bunny was in attendance and available for pictures at the photo booth. Approximately 1500 bags of candy were distributed and over 2000 people attended the event.

Upcoming Special Events

Music in the Park

On Saturday, May 4th from 1:00 p.m.-4:00 p.m. the Recreation Department will host Music in the Park. *Admiral Radio* and *Blue Plantation Band* will play bluegrass and blues music. A few local food/snack vendors will be on site to provide refreshments. Those who attend are asked to bring their lawn chairs and/or blankets to sit on the grass.

Sand Sculpting Competition

The 31st Annual Piccolo Spoleto Sand Sculpting Competition will be held on Saturday, June 1st beginning at 9:00 a.m. on Front Beach. Prizes donated from participating sponsors will be awarded to the top three (3) in the categories of: Adult (21 and older), Family (at least one adult & one young adult or child), Young Adult (ages 15-20), Children's (ages 14 and under), Best Architectural, Most Creative, and Best in Show – Overall.

United States Air Force Heritage Winds Concert: Wednesday, June 5th at 7:00 p.m. the United States Air Force Heritage Winds quintet will be performing at the Isle of Palms Recreation Department. The outdoor concert will be free, participants need to bring blankets and/or chairs and enjoy an evening of music in the park.

Isle of Palms Beach Run

The Isle of Palms Beach Run is scheduled for Saturday, July 27th; the Beach Run consists of 5K/10K runs, 5K walk and Youth Fun Runs. The 5K/10K events will begin at 8:00 a.m.; Youth Fun Runs will begin around 9:00 a.m. Registration is now open on www.racesonline.com and in person at the IOP Recreation Department. The registration fee is \$30 for the 5K/10K Run and Walk and \$10 for the Youth Fun Runs. Moisture wicking shirts will be given to all race participants that register on or before Friday, June 21st; packet pick-up will be held on Friday, July 26th from 4:30-6:30 p.m. at The Windjammer. The 10K and 5K Run age group winners will receive medals, and all Youth Fun Run participants will receive participation ribbons and ice cream vouchers from Ben and Jerry's. Currently working on sponsor solicitations and confirming assistance in the event.

21st Annual Half Rubber Tournament

The 21st Annual Half Rubber Tournament is scheduled for Saturday, August 17th and Sunday, August 18th if needed. The captains' meeting/check in will begin at 7:30 a.m., and games will begin at 8:00 a.m. The registration fee is \$25 per person. Teams may consist of 3 or 4 players. Sponsors for the tournament are being solicited for 1st and 2nd place winners.

Parks & Facilities

Housekeeping

- Performed routine housekeeping duties and monthly safety inspections.
- Cleaned and serviced housekeeping maintenance equipment.
- Replaced and refilled air fresheners, sanitary devices and paper products.
- Cleaned gymnastics equipment and children's toys with electrostatic gun to disinfect

Facility Preparations

- Assisted with the set-up of gymnasium and classrooms for daily scheduled programs, athletics, activities, meetings and special events.

Interior Maintenance

- Serviced, lubricated and cleaned Cardio room equipment.
- Unclogged toilets and drains as needed.
- Replaced light bulbs and ballasts as needed.
- Machine-scrubbed the facility halls, class rooms and gym floor.
- Dusted book shelves in Magnolia room

- Adjusted ceiling tiles in gym
- Bleached cleaning tools
- Scrubbed tile and grout lines in the bathrooms and kitchen

Exterior Maintenance

- Inspected equipment, collected lost & found items, removed debris and wasps nest around the playground.
- Performed weekly cleaning of the Expansion porches and rocking chairs.

Miscellaneous

- Met with cleaning supply and 1st aid equipment sales representatives.
- 4/2- Installed roller shade over window in Minnow room
- 4/3- Setup for and cleaned up after Keenagers
- 4/4- Lubricated side door in main hallway
- 4/5- Replaced light in hallway outside men's bathroom
- 4/8- Repaired cord and plug on the scrubber
- 4/9- Frigidaire Refrigerator LFSS2312TE was installed in Mag/Pal kitchen
- 4/9- Insulated water line from icemaker
- 4/9- Installed select tiles in gym to gauge scuff marks
- 4/10- Replaced light in lobby
- 4/15- Replaced light in Minnows
- 4/16- Replaced light in hallway outside Minnows
- 4/19- Setup for Easter Egg hunt
- 4/20- Worked Easter Egg hunt (7-1)
- 4/23- Shut off propane line to gym heaters
- 4/26- Unclogged water fountain in gym, adjusted push bar

Service Projects

- 4/4- **Charleston Glass**- installed 2 in Palmetto room for classes.
- 4/4- **Charleston Fitness Equipment**- Removed old spin bike and Cybex treadmill and replaced with SportsArt Stationary Bike and SportsArt Treadmill
- 4/5- **Chuck Ciesar** from LS3P came to inspect a crack outside of the Magnolia/Palmetto room and inside the women's bathroom and determined the foundation was still in good order and the cracks were not anything to be worried about.
- 4/15- **Snapshots**- Installed new tiles to monitor scuffing.
- 4/17- **Flying Locksmiths**- Replaced closer on door at back exit of Mag/Pal and closer on hallway exit door outside of the men's and family restrooms.
- 4/23- Came back to replace 3 locksets (Palmetto entrance, Magnolia entrance and Palmetto side entrance into kitchen).
- 4/18- **Robert Rutherford**- Checked on partition wall in Mag/Pal. Waiting on a quote for adjustment and maintenance.

Parks and Grounds Maintenance

Recreation Building and Activities

- Completed monthly reports.
- Attended staff meetings.
- Assisted in monthly functions as needed Easter egg hunt, Keenager.

Recreation Grounds

- Cleaned trash and debris from grounds.
- Pruned trees and trimmed bushes around the complex.
- Pulled/sprayed weeds from beds around building.
- Applied fire ant spray as needed on fields, walkways and picnic shelter.
- Edged walkways and shrub beds.
- Installed topsoil in low spots.
- Installed brown mulch around the building.

Playground

- Conducted monthly safety inspection of playground.
- Re-set border spikes, as needed.

Basketball and Tennis Courts

- Cleaned courts daily.
- Sprayed for fire ants.
- Edged around courts.
- Replaced nets.

Baseball (Scalise) Field

- Groomed and edged infield.
- Sprayed for fire ants as needed.
- Sprayed weed killer to dug outs and infield.
- Cleaned up and removed leaves.
- Prepared fields for games.
- Applied fertilizer and insect control.

Softball (Clarkin) Field

- Applied weed killer on field and dugouts.
- Sprayed for fire ants as needed.
- Groomed and edged infields.
- Mowed field.
- Prepared field for spring games.
- Cleaned up and removed leaves.
- Applied fertilizer and insect control.

Soccer Field

- Cleaned drain box.
- Set up and lined fields for spring soccer leagues.

Bark Park

- Filled holes as needed.
- Filled scoopers as needed.
- Cleaned up and removed leaves.

Multi-purpose Field

- Picked up debris and maintained area as needed.
- Sprayed for fire ants.
- Boom spraying of broadleaf weeds.
- Applied fertilizer and insect control.

Equipment

- Replaced blades on Toro Grounds master.
- Maintained golf cart and Toro.
- Maintained Ford F150.

Projects completed not on Recreation grounds

- Updated message boards
- Marked 15' lines around fire hydrants on Palm Boulevard
- Replaced water filter in the water fountain at City Hall.
- Picked up garbage and debris on Palm Boulevard
- Installed water fountain at Public Works Department.

Community Specialist

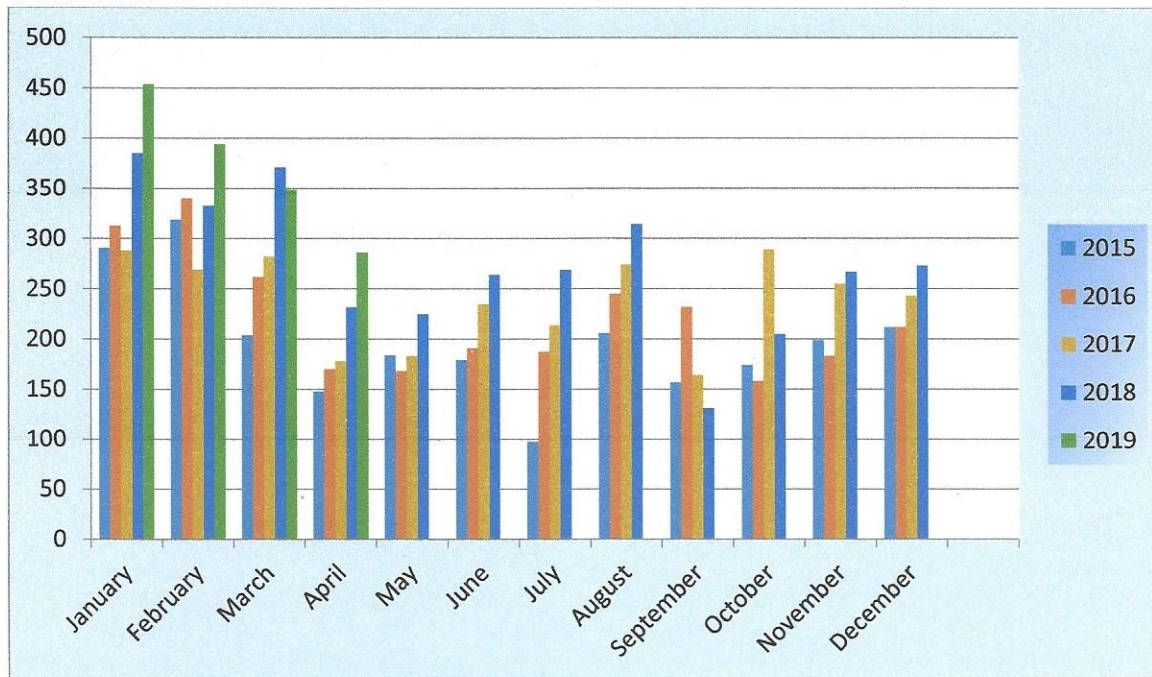
Daily Responsibilities

- Completed evening procedures and reported damages to supervisor.
- Set up classrooms for next program when supervisors unavailable.
- Updated media center as needed.
- Registered class participants, answered phones and welcomed visitors.
- Updated daily front desk information folders.
- Monitored security cameras.
- Managed the sign-in sheets for gymnasium and cardio room.
- Developed graphs for monthly reporting.
- Answered questions regarding current and upcoming programs/events.
- Assisted the Director and other staff members on a regular basis.
- Participated in staff meetings.
- Continued to post and update events and activities onto community calendars.
- Developed monthly calendars of room availability, scheduled programs and events.
- Showed first time visitors around the Recreation Center and introduced them to the programs and facilities that are available.
- Completed housekeeping duties when needed.

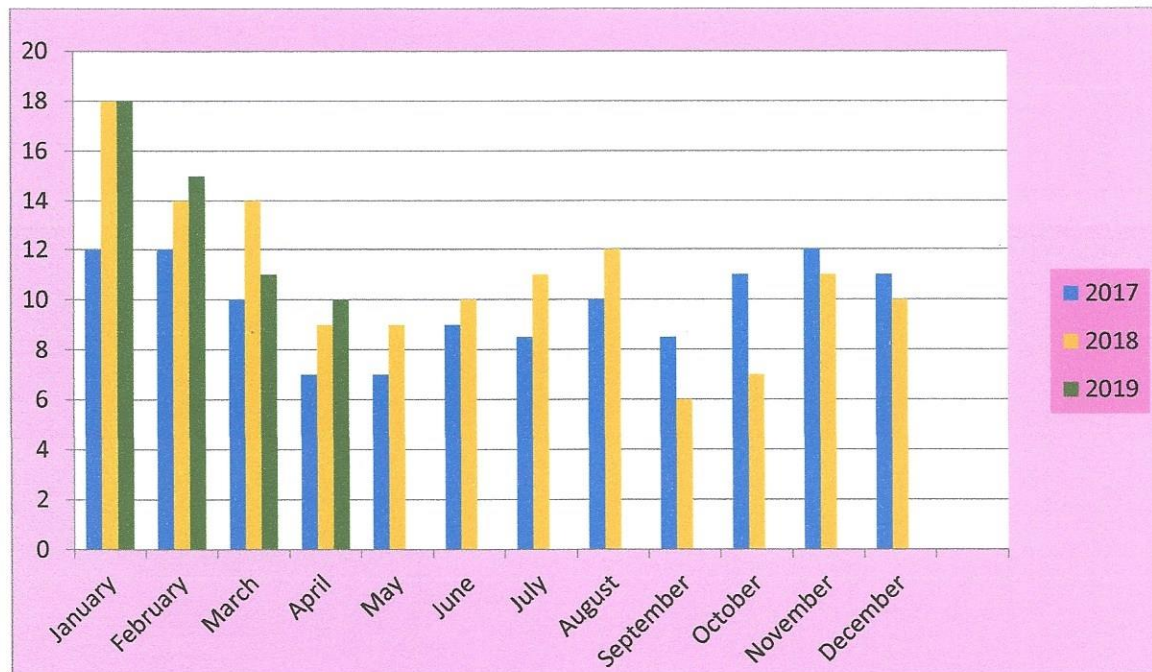
Other Duties

- Located and entered special events/newspaper articles into binder.
- Maintained lost-and-found folder and bins.
- Updated payments and send out payment reminders
- Send out upcoming class information to pass participants.
- for the gymnasium and Recreation Center.
- Update class schedules.
- Update free t-shirt information for City Hall.
- Daily updated front desk notebook.
- Send out class information to Instructors.
- Reminder Call for Keenagers luncheon.
- Help out with all special events.

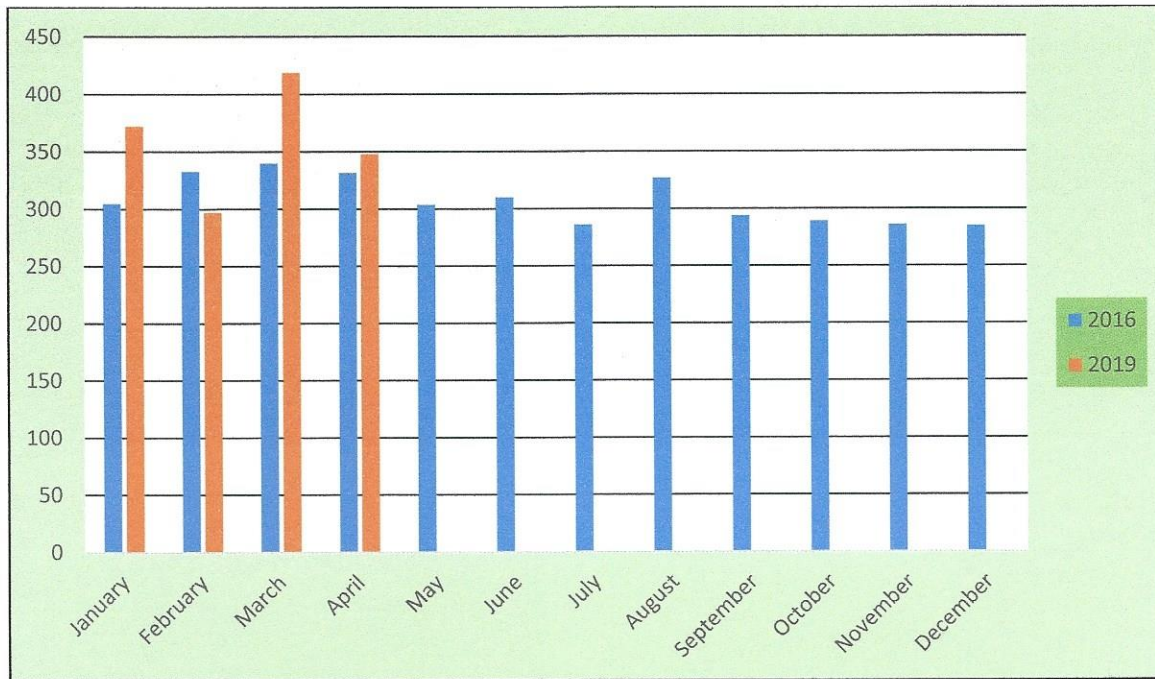
TOTAL NUMBER OF VISITS IN CARDIO ROOM



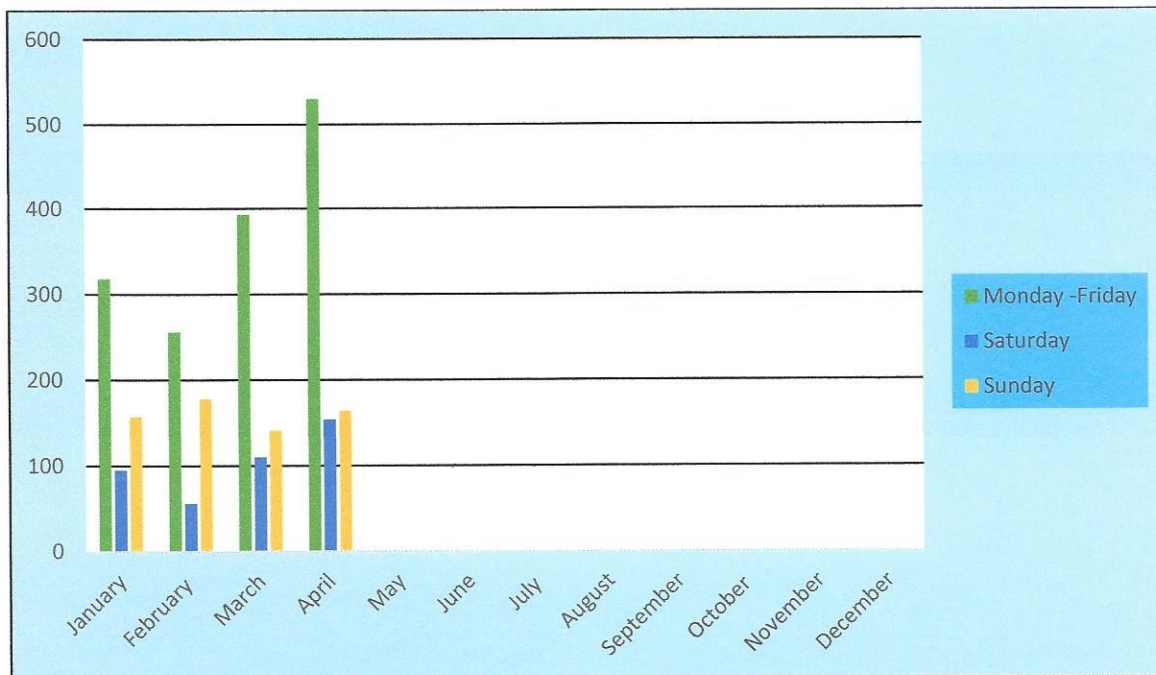
CARDIO ROOM AVERAGE DAILY ATTENDANCE



RECREATION BUILDING HOURS - Total hours Supervision is present



GYM PARTICIPATION







Gymnasium & Cardio Schedule

May 2019

Isle of Palms Recreation Department

#24 28th Avenue Isle of Palms, SC 29451
(843) 886-8294 www.iop.net

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Cardio Room Monday: 7:00am - 6:30pm Tuesday: 7:00am - 6:30pm Wednesday: 7:00am - 7:00pm Thursday: 7:00am - 6:30pm Friday: 7:00am - 5:00pm Saturday: 8:00am - 5:00pm Sunday: 1:00pm - 5:00pm			1 Open Gym 7:00am - 6:45pm TKD 7:00pm - 8:30pm	2 Open Gym 7:00am - 6:30pm Table Tennis (1/2court) 10am - 12:30pm Volleyball 5:00pm - 8:00pm	3 Open Gym 7:00am - 10:00am 12:00pm - 4:45pm Closed for Cleaning 10:00am - 12:00pm	4 IOP Camp Reg. Open Open Gym 8:00am-9:45am 12:30pm-5:00pm TKD 10am - 12:30pm *Music in the Park 1:00pm - 4:00pm -Gym may close due to weather.
5 Adult Play 1pm-3pm Family Play 3pm-5pm	6 Open Gym 7:00am - 6:00pm Dog Obedience 6:30pm - 8:30pm	7 Open Gym 7:00am - 9:45am 12:30pm-6:30pm Table Tennis 10:00am - 12:30pm 3 on 3 Basketball 7:00pm - 9:00pm	8 Open Gym 7:00am - 6:45pm TKD 7:00pm - 8:30pm	9 Open Gym 7:00am - 4:30pm Table Tennis (1/2court) 10am - 12:30pm Volleyball 5:00pm - 8:00pm 	10 Open Gym 7:00am - 10:00am 12:00pm - 4:45pm Closed for Cleaning 10:00am - 12:00pm	11 Open Gym 8:00am-9:45am 12:30pm-5:00pm TKD 10am - 12:30pm
12 Adult Play 1pm-3pm Family Play 3pm-5pm	13 Open Gym 7:00am - 6:00pm Dog Obedience 6:30pm - 8:30pm	14 Open Gym 7:00am - 9:45am 12:30pm-6:30pm Table Tennis 10:00am - 12:30pm 3 on 3 Basketball 7:00pm - 9:00pm	15 Open Gym 7:00am - 6:45pm TKD 7:00pm - 8:30pm 	16 Open Gym 7:00am - 4:30pm Table Tennis (1/2court) 10am - 12:30pm Volleyball 5:00pm - 8:00pm	17 Open Gym 7:00am - 10:00am 12:00pm - 4:45pm Closed for Cleaning 10:00am - 12:00pm	18 Open Gym 8:00am-9:45am 12:30pm-5:00pm TKD 10am - 12:30pm
19 Adult Play 1pm-3pm Family Play 3pm-5pm	20 Open Gym 7:00am - 6:00pm Dog Obedience 6:30pm - 8:30pm	21 Open Gym 7:00am - 9:45am 12:30pm-6:30pm Table Tennis 10:00am - 12:30pm 3 on 3 Basketball 7:00pm - 9:00pm 	22 Open Gym 7:00am - 6:45pm TKD 7:00pm - 8:30pm	23 Open Gym 7:00am - 4:30pm Table Tennis (1/2court) 10am - 12:30pm *9:00am IOP Kids Celebration In case of Inclement Weather.	24 Open Gym 7:00am - 10:00am 12:00pm - 4:45pm Closed for Cleaning 10:00am - 12:00pm	25 Open Gym 8:00am-9:45am 12:30pm-5:00pm TKD 10am - 12:30pm
26 Adult Play 1pm-3pm Family Play 3pm-5pm	27 CITY HOLIDAY RECREATION CENTER CLOSED	28 Open Gym 7:00am - 9:45am 12:30pm-6:30pm Table Tennis 10:00am - 12:30pm 3 on 3 Basketball 7:00pm - 9:00pm	29 Open Gym 7:00am - 6:45pm TKD 7:00pm - 8:30pm	30 Open Gym 7:00am - 4:30pm Table Tennis (1/2court) 10am - 12:30pm	31 Open Gym 7:00am - 10:00am 12:00pm - 4:45pm Closed for Cleaning 10:00am - 12:00pm	

Recreation activities have first priority, schedule subject to change





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Programs, Athletics & Special Events

May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
SUMMER CAMP REGISTRATION Isle of Palms Residents ONLY Begins: Saturday, May 4 1:00pm - 3:00pm Sullivan's Island/Non-Residents Begins: Monday, May 13 			1 7am Boot Camp 8am TBC 9:00 IOP Kids 9:15 Yoga 9:15 Barre 10:00 Wood Carving 12:00 KEENAGERS 12:00 Mini Minnows 3:00 Sr. Exercise 4:00 Baseball Practice 4:00 Giggling Artist 5:30 Evening Yoga 6:00 Spanish 1 6:15 Zumba 7:00 Spanish 2 7:00 TKD	2 8:00 TBC 8:15 Little Lotus Yoga 9:00 IOP Kids 9:30 Fit Body in 50 9:30 Line Dancing 10:00 Table Tennis 10:30 Core & More 3:00 Over 50 Fitness 5:00 Volleyball 5:15 9/12 Baseball Games 5:30 Fit Body in 50 7:00 Adult Softball	3 7am Boot Camp 8:00 TBC 9:00 IOP Kids 9:15 Yoga 9:30 Mommy & Me 12:00 Mini Minnows	4 IOP Residents ONLY Camp Registration Opens 1:00pm - 3:00pm 9am Yth TKD 9:30 Mommy & Me 10am Yoga 10am Adult TKD <u>Open Gym</u> 8:00am - 9:45am 12:00pm - 5:00pm MUSIC IN THE PARK 1:00pm - 4:00pm 
5 <u>Open Gym</u> 1pm - 3pm Adult Play 3pm - 5pm Family Play	6 7am Boot Camp 8am TBC 9:00 IOP Kids 9:15 Yoga 9:15 Barre 10:00 Knit & Stitch 10:30 Core & More 12:00 Mah Jongg 12:00 Mini Minnows 3:00 Sr. Exercise 5:15 9/12 Baseball Games 6:15 Zumba 6:30 TKD 6:30 Dog Obedience	7 8:00 TBC 8:30 Adult Tennis 9:00 IOP Kids 9:30 Fit Body in 50 10:00 Table Tennis 10:00 Writing Class 10:45 Tai Chi/Qigong 3:00 Over 50 Fitness 3:30 Gymnastics 3:30 Tiny Tennis 4:00 Tiny Tennis 4:00 Baseball Practice 5:00 Youth Tennis 5:30 Fit Body in 50 6:15 6V6 Soccer 6:45 Dog Obedience 7:00 3 on 3 Basketball	8 7am Boot Camp 8am TBC 9:00 IOP Kids 9:15 Yoga 9:15 Barre 10:00 Wood Carving 12:00 Mini Minnows 3:00 Sr. Exercise 4:00 Baseball Practice 4:00 Giggling Artist 5:30 Evening Yoga 6:00 Spanish 1 6:15 Zumba 7:00 Spanish 2 7:00 TKD	 9 8:00 TBC 8:15 Little Lotus Yoga 9:00 IOP Kids 9:30 Fit Body in 50 9:30 Line Dancing 10:00 Table Tennis 10:30 Core & More 3:00 Over 50 Fitness 5:00 Volleyball 5:15 9/12 Baseball Games 5:30 Fit Body in 50 7:00 Adult Softball	10 7am Boot Camp 8:00 TBC 9:00 IOP Kids 9:15 Yoga 9:30 Mommy & Me 12:00 Mini Minnows 4:00 Baseball Practice	11 9am Yth TKD 9am 5/6 T-Ball Games 9:30 Mommy & Me 10am Yoga 10am Adult TKD <u>Open Gym</u> 8:00am - 9:45am 12:00pm - 5:00pm
12 <u>Open Gym</u> 1pm - 3pm Adult Play 3pm - 5pm Family Play	13 Camp Registration Opens 7am Boot Camp 8am TBC 9:00 IOP Kids 9:15 Yoga 9:15 Barre 10:00 Knit & Stitch 10:30 Core & More 12:00 Mah Jongg 12:00 Mini Minnows 12:30 Ballet 3:00 Sr. Exercise 5:15 9/12 Baseball Games 6:15 Zumba 6:30 TKD	14 8:00 TBC 8:30 Adult Tennis 9:00 IOP Kids 9:30 Fit Body in 50 10:00 Table Tennis 10:00 Writing Class 10:45 Tai Chi/Qigong 3:00 Over 50 Fitness 3:30 Gymnastics 3:30 Tiny Tennis 4:00 Tiny Tennis 5:00 Youth Tennis 5:30 Fit Body in 50 6:15 6V6 Soccer 6:45 Dog Obedience 7:00 3 on 3 Basketball	15 7am Boot Camp 8am TBC 9:00 IOP Kids 9:15 Yoga 9:15 Barre 10:00 Wood Carving 12:00 Mini Minnows 3:00 Sr. Exercise 4:00 Giggling Artist 5:30 Evening Yoga 6:15 Zumba 7:00 TKD	16 8:00 TBC 8:15 Little Lotus Yoga 9:00 IOP Kids 9:30 Fit Body in 50 9:30 Line Dancing 10:00 Table Tennis 10:30 Core & More 3:00 Over 50 Fitness 5:00 Volleyball 5:15 9/12 Baseball Game 5:30 Fit Body in 50 7:00 Adult Softball	17 7am Boot Camp 8:00 TBC 9:15 Yoga 9:30 Mommy & Me	18 9am Yth TKD 9:30 Mommy & Me 10am Yoga 10am Adult TKD <u>Open Gym</u> 8:00am - 9:45am 12:00pm - 5:00pm
19 <u>Open Gym</u> 1pm - 3pm Adult Play 3pm - 5pm Family Play	20 7am Boot Camp 8am TBC 9:00 IOP Kids 9:15 Yoga 9:15 Barre 10:00 Knit & Stitch 10:30 Core & More 12:00 Mini Minnows 12:00 Mah Jongg 3:00 Sr. Exercise 6:15 Zumba 6:30 TKD	21 8:00 TBC 8:30 Adult Tennis 9:00 IOP Kids 9:30 Fit Body in 50 10:00 Table Tennis 10:45 Tai Chi/Qigong 3:30 Tiny Tennis 4:00 Tiny Tennis 5:00 Youth Tennis 5:30 Fit Body in 50 6:15 6V6 Soccer 7:00 3 on 3 Basketball	22 7am Boot Camp 8am TBC 9:00 IOP Kids 9:15 Yoga 9:15 Barre 10:00 Wood Carving 12:00 Mini Minnows 3:00 Sr. Exercise 5:30 Evening Yoga 6:15 Zumba 7:00 TKD	23 8:00 TBC 9:00 IOP Kids Celebration 9:30 Fit Body in 50 9:30 Line Dancing 10:00 Table Tennis 10:30 Core & More 3:00 Over 50 Fitness 5:30 Fit Body in 50 7:00 Adult Softball	24 7am Boot Camp 8:00 TBC 9:15 Yoga 9:30 Mommy & Me	25 9am Yth TKD 9:30 Mommy & Me 10am Yoga 10am Adult TKD <u>Open Gym</u> 8:00am - 9:45am 12:00pm - 5:00pm
26 <u>Open Gym</u> 1pm - 3pm Adult Play 3pm - 5pm Family Play	27 CITY HOLIDAY RECREATION CENTER CLOSED	28 8:00 TBC 8:30 Adult Tennis 9:30 Fit Body in 50 10:00 Table Tennis 10:45 Tai Chi/Qigong 3:30 Tiny Tennis 4:00 Tiny Tennis 5:00 Youth Tennis 5:30 Fit Body in 50 6:15 6V6 Soccer 7:00 3 on 3 Basketball	29 7am Boot Camp 8am TBC 9:00 IOP Kids 9:15 Yoga 9:15 Barre 10:00 Wood Carving 12:00 Mini Minnows 3:00 Sr. Exercise 5:30 Evening Yoga 7:00 TKD	30 8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 9:30 Line Dancing 10:00 Table Tennis 10:30 Core & More 3:00 Over 50 Fitness 5:30 Fit Body in 50 7:00 Adult Softball	31 7am Boot Camp 8:00 TBC 9:15 Yoga 9:30 Mommy & Me	



Isle of Palms Recreation Center
#24 28th Avenue
Isle of Palms, SC 29451
(843)886-8294



MAY CLASS SCHEDULE AND SPECIAL EVENTS

Monday:

- **BOOT CAMP**
7:00am-8:00am \$10 per class
- **TOTAL BODY CHALLENGE**
8:00am-9:00am \$8 per class
- **YOGA**
9:15am-10:15am \$10 per class
- **BARRE & MORE**
9:15am-10:15am \$10 per class
- **CORE & MORE**
10:30am - 11:30am \$12 per Class
- **ZUMBA**
6:15pm-7:15pm \$10 per class

* Cardio Room: 7:00am-6:30pm

Tuesday:

- **TOTAL BODY CHALLENGE**
8:00am-9:00am \$8 per class
- **FITBODY IN 50**
5:30pm-6:30pm \$12 per class
- **TAI CHI/QIGONG**
10:45am-12:00pm \$10 per class
- **OVER 50 FITNESS**
3:00pm-4:00pm \$10 per class

* Cardio Room: 7:00am-6:30pm

Wednesday:

- **BOOT CAMP**
7:00am-8:00am \$10 per class
- **TOTAL BODY CHALLENGE**
8:00am-9:00am \$8 per class
- **YOGA**
9:15am-10:15am \$10 per class
- **BARRE & MORE**
9:15am-10:15am \$10 per class
- **YOGA**
5:30pm-6:30pm \$10 per class
- **ZUMBA**
6:15pm-7:15pm \$10 per class

*Cardio Room: 7:00am - 7:00pm

Thursday:

- **TOTAL BODY CHALLENGE**
8:00am-9:00am \$8 per class
- **FITBODY IN 50**
5:30pm-6:30pm \$12 per class
- **CORE & MORE**
10:30am - 11:30am \$12 per class
- **OVER 50 FITNESS**
3:00pm-4:00pm \$10 per class

* Cardio Room: 7:00am-6:30pm

Friday:

- **BOOT CAMP**
7:00am-8:00am \$10 per class
- **TOTAL BODY CHALLENGE**
8:00am-9:00am \$8 per class
- **YOGA**
9:15am-10:15am \$10 per class

* Cardio Room: 7:00am-5:00pm

Saturdays:

- **YOGA**
10:00am-11:15am \$12 per class
- **OPEN GYM:**
8:00am - 9:45am
12:30pm - 5:00pm

*Cardio Room: 8:00pm -5:00pm

Sundays:

- **OPEN GYM 1:00pm - 5:00pm**
1:00pm - 3:00pm Adult Gym
3:00pm - 5:00pm Family Gym

*Cardio Room: 1:00pm - 5:00pm

PICCOLO SPOLETO
SANDSCULPTING COMPETITION
 Saturday, June 1
 9:00am



Front Beach, Isle of Palms

IOP BEACH RUN
 Saturday, July 27

5K/10K Run or 5K Walk
 8:00am

Youth Fun Run
 9:00am

