



# **RECREATION DEPARTMENT MONTHLY REPORT September 2015**

**STAFF:** Norma Jean Page, Recreation Director  
Karrie Ferrell, Assistant Director (Programs)  
Aaron Sweet, Recreation Supervisor (Athletics)  
Robert Asero, Parks & Grounds Supervisor  
Andy Sinwald, Recreation Supervisor (Special Events)  
Shelia Redmon, Parks & Facilities Specialist  
Holly Norton, Community Specialist

## **PROGRAMS AND CLASSES**

Karrie Ferrell

### **Babysitting Course**

Nine (9) youth participated in the American Red Cross Babysitter course; class was held on Saturday, September 12<sup>th</sup> at 9:00 a.m. The next class is scheduled for Saturday, November 14<sup>th</sup>. Participants need to register through American Red Cross.

### **Ballet**

Six (6) children are participating in the Ballet class that began on Monday, September 14<sup>th</sup>. Classes are held on Mondays at 12:30 p.m. Kim Chesley-Breland, Instructor.

### **Beach Education Series**

Barrier Island Ecology: Class was cancelled due to lack of participation.

Barrier Island Birding: Is scheduled for Saturday, November 21<sup>st</sup> 10:00 a.m. – 11:30 a.m. An interactive family beach activity that will study native birds. The program is \$10 per person and will be held at the Isle of Palms County Park; parking fee will be waived for registered participants. The program will be led and instructed by CCPRC Environmental Education Staff.

Coastal Litter, Debris and Wildlife in SC: Approximately five (5) people participated in the Workshop. The workshop was scheduled on Tuesday, September 22<sup>nd</sup> and included an educational overview of Wounded Nature and the methods of remedial clean up. This was a free educational seminar presented by Wounded Nature – Working Veterans.

### **Hunter Education**

Twenty (20) people participated in the Hunter Education class held on Saturday, September 19<sup>th</sup>. Class is instructed through DNR.

### **Boot Camp**

Six (6) people have been participating in boot camp. Classes are held Mondays/Wednesdays/Fridays from 7:00 a.m. – 8:00 a.m. Pat Boyd, Instructor.

### **BOSU Training/Core & More**

Eight (8) people are participating in the Core & More classes that are held Mondays/Wednesdays/Fridays from 10:30 a.m. – 11:30 a.m. Jeromy Miller, Instructor.

### **Gather Knit & Stitch**

Six (6) women have been attending the Gather Knit & Stitch program that is held on Mondays from 10:00 a.m. - 11:30 a.m. in the Lobby.

### **Gymnastics**

Seven (7) children are participating in the Gymnastics classes held Tuesdays from 3:30 p.m. – 4:15 p.m. Tricha Tapio, Instructor.

**I am an Artist**

The September class was cancelled due to lack of participation. The next session is scheduled for November 4<sup>th</sup> the theme is “Holidays and Charleston Style.”

**Little Lotus Yoga**

Two (2) families are participating in the Little Lotus Yoga Class. The next class is scheduled for Thursday, October 8<sup>th</sup> at 12:00 p.m. Jennifer Rogers, Instructor

**Line Dancing**

Six (6) people have been participating in the Line Dancing classes held on Thursdays at 9:30 a.m. Trisha Leonard, Instructor.

**Mah Jongg**

Nine (9) people participated in Mah Jongg; the activity is held on Mondays from 12:00 p.m. – 3:00 p.m. in the Tadpole Room.

**Mini Minnows**

Seven (7) children are participating in the Mini Minnows class, an afternoon play group for children ages 3 and 4. Cathy Adams, Instructor.

**Mommy /Daddy & Me**

Nine (9) families participated in the Mommy/Daddy & Me program; the program is scheduled for the 2<sup>nd</sup> Wednesday of the month from 9:30 a.m. – 11:00 a.m. The play group is for parents and children 3 years and younger. The program is free and meets in the Palmetto Room.

**Photography 101**

Class was cancelled due to lack of participation, and another class will be scheduled for the beginning of the year. Topics include photography tips to help beginners get away from the auto setting and start to see what a digital camera can really do. Lisa Young, Photographer.

**Semi-Personal Training**

Both morning classes are full with six (6) participants, and the evening class is steady with two (2) dedicated participants. Classes are held on Tuesdays and Thursdays 9:30 a.m., 10:30 a.m. 5:30 p.m. Geri D’Italia, Instructor.

**Senior Aerobics – Over 50 Fitness**

Ten (10) seniors have been participating in the classes are held on Tuesdays and Thursdays from 3:00 p.m.- 4:00 p.m. The session is \$50 per month or a \$7 drop-in fee. Judy Fischer, Instructor.

**Tae Kwon Do**

Youth Participation: Four (4) children have been participating in the youth classes held on Saturdays in the gym at 9:00 a.m. Participants can join the class at anytime.

Adult Participation: Eighteen (18) adults have been participating in Tae Kwon Do. Classes are offered on Saturdays in the gym from 11:00 a.m. to 12:00 noon, Wednesdays in the gym from

7:00 p.m. to 8:30 p.m., and Mondays in the Magnolia Room from 6:30 p.m. to 7:30 p.m. Adults can join classes at any time.

### **Tai Chi/Qigong**

Five (5) people have been participating in the Tai Chi class held on Tuesdays at 11:00 a.m. in the Palmetto Room. Connie Cossetti, Instructor.

### **Tennis**

The youth tennis instruction is held on Mondays and/or Wednesdays, and the session is scheduled for September 21<sup>st</sup> – October 28<sup>th</sup>.

Tiny Tennis, ages 3 – 6: Classes are full with six (6) participants for the classes held on Mondays and Wednesdays.

Beginner Tennis: Class is full with eight (8) participants for the Monday class, and the Wednesday class has been cancelled due to a lack of participation.

Intermediate Tennis: Monday classes are full with eight (8), and the Wednesday classes have six (6) enrolled. The next session of youth tennis is scheduled to begin on Monday, November 9<sup>th</sup>.

Adult Tennis: Five (5) people have been participating in the adult lessons on Thursday mornings. Corinne Enright, Instructor.

### **Tiny Tots 3-year old Pre-K Program**

Tiny Tots is full with ten (10) children participating Monday – Friday; the program follows Charleston County School calendar. Classes are held Monday – Friday, 9:00 a.m. – 12:00 p.m.

### **Total Body Challenge (TBC)**

Twelve (12) people have been participating in the morning workout classes. Classes are held Monday – Friday at 8:00 a.m. to 9:00 a.m. in the High Tide/Low Tide Room. Pat Boyd and Angela Reinhardt, Instructors.

### **Wellness Walkers**

Seven (7) people have been participating in the Wellness Walkers program. The walking group meets in the lobby on Fridays at 3:00 p.m. – 4:00 p.m.; the group socializes and walks at least one (1) mile, nineteen (19) laps around the gym.

### **Yoga - Afternoon**

Three (3) people participated in the classes held on Tuesdays and Thursdays in the High Tide/Low Tide Room from 12:30 p.m. – 2:00 p.m. Pat Boyd, Instructor.

### **Yoga - Evening**

Eight (8) people participated in the evening yoga classes held on Wednesdays at 5:30 p.m. – 6:30 p.m. Jen Schoolfield, Instructor.

### **Yoga – Morning**

Eighteen (18) people participated in morning yoga classes held on Mondays, Wednesdays and Fridays at 9:15 a.m. in the High Tide/Low Tide Room. Pat Boyd, Instructor.

### **Yoga – Saturday**

Twelve (12) people participated in the Saturday yoga classes that are held at 10:00 a.m. – 11:15 a.m. in the High Tide/Low Tide Room. Jen Schoolfield, Instructor.

### **Zumba**

Twenty-five (25) people participated in Zumba. Participants have an option of four (4) classes for \$25, eight (8) classes for \$50; or participants can pay \$8 per class. Classes are held Mondays and Wednesdays at 6:15 p.m. in the High Tide/Low Tide Room. Dale Ellison, Instructor.

### **Miscellaneous Work:**

- Distributed Activity Guides.
- Developed and sent Recreation E-Newsletter.
- Updated website and calendar with Activity Guide dates September – December 2015.
- Updated and set up Rec Trac with programs and classes.
- Set up classrooms for programs and classes.
- Housekeeping responsibilities for building and classes.
- Maintained room schedules to accommodate programs/classes/camps.
- Maintained payments and payment sign-in sheets for participants.
- Developed weekly employee work schedules.
- Weekly Recreation deposits and collection reports.
- Worked with Director on Connector Run.
- Participated in the Employee Wellness Program.
- Worked on website redesign.
- Assisted with preparations for Keenagers, Wednesday, September 2<sup>nd</sup>.
- Assisted with Middle School Dance, Friday, September 18<sup>th</sup>.
- Assisted with Wellness Fair Thursday, September 24<sup>th</sup>.
- Substitute taught Core & More Friday, September 25<sup>th</sup> and Monday, September 28<sup>th</sup>.
- Assisted with Keenager Trip, Wednesday, September 30<sup>th</sup>.

## **SPECIAL EVENTS**

Andy Sinwald

### **Keenagers**

Forty seven (47) people attended the Keenager senior social group potluck lunch meeting on Wednesday, September 2<sup>nd</sup> at 12:00 p.m.; the Recreation Department provided a catered lunch from *Bi-Lo*. Veterinarian Dr. Scott Senf shared information regarding pets and how to care for them and answered questions. The Lunch Bunch met on Wednesday, September 9<sup>th</sup> at 11:30 a.m. at *Cracker Barrel*, and fifteen (15) members will take a trip to the Irvin House Vineyard on Wednesday, September 30<sup>th</sup>; with transportation provided by the Recreation Department. The cost for the trip is \$10.00.

### **Employee Wellness Program**

In cooperation with existing instructors, a group of exercise classes are offered to City employees at no charge. The classes are also available to the general public with a nominal walk-in fee; these classes are held at the Recreation Department. Classes offered include BOSU, Semi-Personal Training, Total Body Challenge, Yoga and Zumba. Employees are encouraged, through the wellness newsletter and reminder emails to continue record-keeping of fitness miles and exercise programs in the Cardio Room and to attend the instructional classes available to them. The next Wellness Committee Meeting is Thursday, October 8<sup>th</sup> at 8:30 a.m.

### **Isle of Palms Community Wellness Fair**

The Isle of Palms' Community Wellness Fair was held Thursday, September 24<sup>th</sup> from 7:00 a.m. – 11:00 a.m. The City of Isle of Palms applied to the South Carolina Public Employee Benefit Authority for a Preventative Worksite Screening, which was approved; this screening included free flu shots, blood work, a health risk appraisal, height and weight measurements, blood pressure, and lipid panels. Fifty one (51) employees participated and will receive a confidential report with their results that will include recommendations for improving their health. *East Cooper Medical Center* offered free blood work to residents and neighbors; fifty five (55) residents signed up in advance for the cholesterol screenings and lipid profiles. *A Doctor on Call* was on site to offer flu shots to residents. Nineteen (19) local health and wellness vendors were on-hand and provided information, demonstrations, or offered samples to attendees at the event.

### **Middle School Dance**

One hundred nineteen (119) middle school students attended the Middle School Dance on Friday, September 18<sup>th</sup> from 7:00 p.m. – 9:30 p.m. A valid school ID was required at the door for entrance; if students attend a school where no ID is issued, tickets had to be purchased in advance at the Recreation Department. Admission was \$5.00 per person; the Recreation Department provided a DJ, concessions and a jump castle for the event. The next Middle School Dance is scheduled for Friday, November 13<sup>th</sup>.

## **Upcoming Events**

### **Ghostly Tide Tales**

The Ghostly Tide Tales will be held on Friday, October 16<sup>th</sup> from 6:30 p.m. - 7:30 p.m. The 28<sup>th</sup> Avenue beach access path will be lit with tiki torches, and fire barrels will be located on the beach to provide warmth. This event is not theatrical and is not designed to scare children or adults; the stories told are child-friendly. Hot chocolate will be served by the Recreation Staff.

### **Pumpkin Painting**

Pumpkin painting will be held Monday, October 26<sup>th</sup> at 4:00 p.m. Children ages seven (7) through fourteen (14) are invited to paint pumpkins with the Recreation staff. All materials will be provided by the Recreation Department, and the cost is \$5.00 for residents and non-residents. Registration closes on Wednesday, October 21<sup>st</sup> at 5:00 p.m.

### **Halloween Carnival**

The Annual Halloween Carnival is scheduled for Saturday, October 31<sup>st</sup> from 5:00 p.m. – 7:00 p.m. The event will include a balloon artist, a face painter, jump castles, carnival games, a haunted house, and costume contests. Costume contests begin at 5:30 p.m.; all participants in the costume contest receive a prize with awards given to the top three (3) winners in each category. The age groups for the costume contest are 1 year and under, 2-3 years, 4-5 years, 6-7 years, 8 years, 9 years, 10 years, 11-12 years and 13 years and older. The event is free.

### **Holiday Street Festival**

The 4<sup>th</sup> Annual Holiday Street Festival will be held Saturday, December 5<sup>th</sup> from 2:00 p.m. - 7:00 p.m. on Front Beach. Entertainment will include carnival rides, jump castles, balloon artists, live music, Santa Claus, and lighting of the tree. Local businesses and organizations have been invited to set up on Ocean Boulevard and be a part of this event.

### **OTHER WORK PERFORMED**

- Updated information boards at Connector and Breach Inlet.
- Signed up participants for classes/programs offered by the Recreation Department.
- Assisted with housekeeping duties.
- Assisted with set-up and clean-up for classes/programs.
- Worked with Director on the IOP Connector Run.
- Attended staff meetings.
- Set dates for spring events.
- Updated website with correct event dates and information.

### **ATHLETICS**

Aaron Sweet

#### **Adult Fall 3-on-3 Basketball**

Registration for the 3-on-3 Basketball league was held from July 27<sup>th</sup> – August 21<sup>st</sup>. The registration fee was \$60 per team; the league consists of ten (10) teams. The captain's meeting was held on Tuesday, September 1<sup>st</sup> at 5:30 p.m., and games are played on Tuesday evenings. Regular season and post-season champions will receive t-shirts. Games are officiated by the players with a Recreation staff member on-site to keep score.

#### **Adult Fall Softball League**

Registration for the Adult Fall Softball League was held from July 27<sup>th</sup> – August 21<sup>st</sup>. The registration fee was \$425 per team; the league consists of seven (7) teams. The captain's meeting was held on Tuesday, September 1<sup>st</sup> at 6:00 p.m., and games are played on Monday and Wednesday evenings. Games will be officiated by Charleston Officials SC with a Recreation staff member will be on-site to record the outcome of the match.

#### **Adult Fall 6 vs 6 Soccer**

Registration for the 6 vs. 6 Soccer league was held July 27<sup>th</sup> – August 21<sup>st</sup>. The registration fee was \$250 per team; the league consists of six (6) teams. The captains' meeting was held on

Tuesday, September 1<sup>st</sup> at 6:30 p.m.; games are played on Tuesday evenings. Regular season and post-season champions will receive t-shirts. Games will be officiated by Paragon Assigning, while a Recreation staff member will be on-site to record the outcome of the match.

### **Adult Fall Table Tennis Singles League**

Registration for the Singles Table Tennis League was held July 27<sup>th</sup> – August 21<sup>st</sup>. The registration fee is \$5 a player, and ten (10) participants have registered for this league. The captains' meeting was held on Tuesday, August 25<sup>th</sup> at 10:00 a.m. Regular season games are played Tuesdays from 10:00 a.m. – 12:00 p.m. A double elimination tournament will follow the regular season. Games and scores are kept and recorded by the players and Recreation staff.

## **Youth Sports**

### **Fast Start Soccer**

Registration was held from July 27<sup>th</sup> – August 21<sup>st</sup> for Isle of Palms' residents, and open registration was held from August 3<sup>rd</sup> – August 21<sup>st</sup>. The registration fee was \$20 for Isle of Palms' residents and \$25 for non-residents. The Parent/Player Meeting for Fast Start was held Thursday, September 3<sup>rd</sup> at 5:15 p.m. Game/activity days are held on Saturdays with Recreation staff on site to bring out equipment and supervise the activity.

### **5/6yr old Soccer**

Registration was held from July 27<sup>th</sup> – August 21<sup>st</sup> for Isle of Palms' residents, and open registration was held from August 3<sup>rd</sup> – August 21<sup>st</sup>. The registration fee was \$30 for residents and \$35 for non-residents. The coaches' meeting was held on Monday, August 31<sup>st</sup> at 5:00 p.m. The Parent/Player Meeting was held Thursday, September 3<sup>rd</sup> at 5:45 p.m. Practices are being held once a week and are scheduled by the coaches. All participants receive a team jersey, and children will receive a participation award at the end of the season.

### **7/8 yr old Soccer**

Registration was held from July 27<sup>th</sup> – August 21<sup>st</sup> for Isle of Palms' residents, and open registration was held from August 3<sup>rd</sup> – August 21<sup>st</sup>. The registration fee was \$30 for residents and \$35 for non-residents. The coaches' meeting was held on Monday, August 31<sup>st</sup> at 5:30 p.m. The Parent/Player Meeting was held Thursday, September 3<sup>rd</sup> at 6:15 p.m. Practices are being held once a week and are scheduled by the coaches. All participants received a team jersey. Children will receive a participation award at the end of the season; a Recreation staff member is onsite to supervise the games and practices. Coaches referee their own games.

### **9-12 yr old Soccer**

Registration was held from July 27<sup>th</sup> – August 21<sup>st</sup> for Isle of Palms' residents, and open registration was held from August 3<sup>rd</sup> – August 21<sup>st</sup>. The registration fee was \$30 for residents and \$35 for non-residents. The skill evaluation was held on Monday, August 31<sup>st</sup> at 6:00 p.m., and the Parent/Player Meeting was held on Thursday, September 3<sup>rd</sup> at 6:45 p.m. Practices are being held once a week and are scheduled by the coaches. All participants received a team jersey; regular season champions and tournament champions will receive medals following the season. Staff are on-site to supervise the games and practices. Mike Flato and Paragon Assigning staff will referee league games.



### **Soccer Registration**

Fast Start 3/4yr Soccer	Total: 54	Isle of Palms: 19	Non-residents: 35
5/6yr Youth Soccer	Total: 65	Isle of Palms: 42	Non-residents: 23
7/8yr Youth Soccer	Total: 62	Isle of Palms: 41	Non-residents: 21
9/12yr Youth Soccer	Total: 62	Isle of Palms: 44	Non-residents: 18

### **Youth Basketball League**

The Isle of Palms Youth Basketball league is for participant's aged 5-14 years. Registration will be held October 12<sup>th</sup>- November 6<sup>th</sup>, and the registration fee is \$30 for residents and \$35 for non-residents. The 9-10 year old age group and 11-14 year old age group will have a skill evaluation on Tuesday, November 17<sup>th</sup>. The coaches meeting will be held on Monday, November 16<sup>th</sup> for ages 5-6 and ages 7-8, and the mandatory parent/player meetings are scheduled for Thursday, November 19<sup>th</sup> at 5:15 p.m. for 5/6yr olds, at 5:45p.m. for 7/8yr olds, at 6:15p.m. for 9/10yr olds and at 6:45p.m. for 11/14yr olds. Practices will be held in December, and games will begin in January; solicitations are going out for coaches and sponsors. All participants will receive a jersey along with participation medals for 5/6 and 7/8; the 9/10yr olds and 11/14yr olds teams will receive regular season champion medals and tournament champion medals.

### **Volleyball League Play**

Volleyball League play is an opportunity for youth, in grades 4<sup>th</sup> – 8<sup>th</sup>, to participate in a volleyball league. On Thursday nights, Laura and Kreg Togami (clinic instructors) coach and play from 5:00 p.m. – 8:30 p.m. Participants register for 4 sessions at a time, and the fee is \$75 for residents and \$80 for non-residents.

### **Miscellaneous**

- Registered participants for classes/programs offered by the Recreation Department.
- Updated information boards at the Connector and Breach Inlet.
- Assisted with various house cleaning duties.
- Assisted with various room and equipment set up procedures for recreation programs.
- Worked with the Director on the IOP Connector Run.
- Worked the Middle School Dance held on Friday, September 18<sup>th</sup>.
- Assisted in the setup of the Wellness Fair.

## **COMMUNITY SPECIALIST**

By Holly Norton

### **Daily Responsibilities**

- Completed evening procedures and reported damages to supervisor.
- Set up classrooms for next program when supervisors unavailable.
- Updated media center as needed.
- Registered class participants, answered phones and welcomed visitors.
- Updated daily front desk information folders.
- Monitored security cameras.
- Managed the sign-in sheets for gymnasium and cardio room.

- Answered questions regarding current and upcoming programs/events.
- Assisted the Director and other staff members on a regular basis.
- Prepared purchase orders for staff.
- Participated in daily/weekly staff meetings.
- Continued to post and update events and activities onto community calendars and media outlets event sites/contacts.
- Developed monthly calendars.
- Completed housekeeping duties when supervisor was unavailable.

#### **Other Duties**

- Located and entered special events/newspaper articles into binder.
- Maintained lost-and-found folder and bins.
- Completed and sent out weekly PSAs.
- Completed and sent out Real Estate PSAs.
- Updated news calendars on local news websites.
- Updated website with new activity guide information.
- Made closing sign for the gymnasium.
- Helped with social media events.
- Updated class schedules for October.
- Updated free t-shirt information.
- Sent out upcoming events to the Island Eye News.
- Created weekly reviews for the front desk.

**Cardio Room Usage: 180    Open Gym Participants: 82**

### **PARKS & GROUNDS MAINTENANCE SEPTEMBER**

Robert Asero

#### **Recreation Building and Activities**

- Completed monthly reports.
- Attended staff meetings.
- Assisted in classes, activities and monthly events to include; Keenagers, Wellness Fair, Middle school dance, etc.

#### **Recreation Grounds**

- Cleaned trash and debris from grounds.
- Trimmed trees and bushes around the complex.
- Pulled weeds from beds around building, as needed.
- Applied fire ant spray as needed on fields, walkways and picnic shelter.
- Edged all walkways weekly.
- Removed dead sod and netting from dog park parking and replaced with sand.
- Purchased and picked up insect control for athletic fields.

### **Playground**

- Re-leveled playground weekly.
- Safety checked playground.
- Re-set border spikes, as needed.

### **Basketball and Tennis Courts**

- Cleaned courts daily.
- Sprayed for fire ants.
- Edged grass around courts.
- Re-attached basketball nets and windscreen as needed.
- Replaced tennis net.

### **Baseball (Scalise) Field**

- Groomed and edged infield.
- Sprayed for fire ants as needed.
- Sprayed weed killer to dug outs and infield.
- Mowed field 2 times per week.
- Applied insect control to turf.

### **Softball (Clarkin) Field**

- Applied weed killer on field and dugouts.
- Sprayed for fire ants as needed.
- Groomed and edged infields.
- Mowed field 2 times per week.
- Applied insect control to turf.
- Prepared field for games.

### **Soccer Field**

- Cleaned drain box.
- Set up and lined fields for soccer leagues.
- Reseeded areas.
- Applied insect control.
- Moved and installed all soccer goals to the field.

### **Bark Park**

- Filled holes as needed.
- Filled scoopers as needed.
- Applied ant control.
- Adjusted dog park fence and gate.

### **Multi-purpose Field**

- Picked up debris and maintained area as needed.
- Sprayed for fire ants.
- Adjusted irrigation timer.

- Spot sprayed broadleaf weed control.
- Measured and lined field for fast start soccer.
- Assembled 8 soccer goals for fast start.

### **Equipment**

- Cleaned carburetor on Echo string trimmer.
- Sharpened blades on Toro mower.
- Washed the truck and golf cart.
- Fixed battery cable on the golf cart.
- Calibrated all fertilizer spreaders and sprayers.

### **Other**

- Lined Palm Boulevard weekly and as needed.
- Removed garbage from Palm Boulevard.
- Assisted with the mowing of Palm Boulevard.
- Assisted with the mowing of beach accesses twice per month.
- Re-installed electrical boxes on the sign at Breach Inlet.
- Constructed and painted 4 electrical box covers for Front Beach pedestals.