



**RECREATION DEPARTMENT
MONTHLY REPORT
APRIL
2015**

STAFF: Norma Jean Page, Recreation Director
Karrie Ferrell, Assistant Director (Programs)
Aaron Sweet, Recreation Supervisor (Athletics)
Robert Asero, Parks & Grounds Supervisor
Andy Sinwald, Recreation Supervisor (Special Events)
Shelia Redmon, Parks & Facilities Specialist
Holly Norton, Community Specialist

PROGRAMS AND CLASSES

Karrie Ferrell

Ballet

March 9th – May 11th session of ballet has eight (8) participants in the class. Classes are held on Mondays from 12:30 p.m. – 1:00 p.m. This will be the last session for ballet until it resumes in September. Kim Chesley-Breland, Instructor.

Boater Education

The next class is scheduled for Saturday, May 2nd from 9:00 a.m. – 12:00 p.m. Classes are taught through DNR.

Boot Camp

Three (3) people have been participating in boot camp. Classes are held Monday/Wednesday/Friday 7:00 a.m. – 8:00 a.m. All participants have been paying for the session. Pat Boyd, Instructor.

BOSU Training/Core & More

Monday/Wednesday/Friday: 10:30 a.m. – 11:30 a.m. Five (5) people are participating in the class. One (1) paid for the session, and all others paid by the class.

Monday/Wednesday: 5:30 p.m. – 6:30 p.m. Seven (7) people are participating in the class. Three (3) paid for the session, and all others paid by the class.

Saturday: 9:30 a.m. – 10:30 a.m. Three (3) people are participating in the class. All participants are paying by the class.

Class fees are \$64 for Isle of Palms' residents and \$69 for non-residents, or a \$10 walk-in fee. Isle of Palms' employees can take the class for free as a part of the Employee Wellness Program. Jeromy Miller, Instructor.

Gather Knit & Stitch

Five (5) women have been attending the Gather Knit & Stitch program that is held on Mondays from 10:00 a.m. - 11:30 a.m. in the Lobby.

Gymnastics

Seven (7) children are participating in the gymnastics session running April 7st – May 12th. Classes teach basic tumbling, balance beam and mini-bars. This will be the last session for gymnastics until it resumes in September. Tricha Tapio, Instructor.

Jump Start 4-year old Pre-K Program

The 4-year old pre-K program continues to run smoothly. Monday – Friday classes are full with ten (10) children; the classes are working on the end of the year celebration scheduled for Thursday, May 21st. Robin Lee, Instructor.

Little Lotus Yoga

Five (5) children have been participating in the Little Lotus Yoga program. Classes are held on Thursdays from 12:00 p.m. – 12:30 p.m. The next session is scheduled for May 7th – May 28th. Jennifer Rogers, Instructor

Line Dancing

Ten (10) people are participating in the Line Dancing program. Classes are held on Thursdays from 10:00 a.m. – 11:00 a.m. in the Palmetto Room. This class was developed from a request from individuals that dropped in and led themselves in line dancing activity on the 1st Friday of the month. Participants asked for a more structured instructor-based program. Trisha Leonard was hired as an instructor at the end of March, and the Line Dancing class has been growing ever since. Trisha Leonard, Instructor.

Mah Jongg

Six (6) people participated in Mah Jongg during the month of April; the activity is held on Mondays at noon in the Magnolia Room.

Mini Minnows

Ten (10) students are enrolled in the afternoon day school program. Classes are held Monday/Wednesday/Fridays from 12:00 p.m. – 3:00 p.m. Cathy Adams, Instructor.

Mommy & Me/Daddy & Me

Eleven (11) participated in the toddler and parent play group that meets on the second Wednesday of the month from 9:30 a.m. – 11:00 a.m. The program is free and open to children 3 years and under.

Semi-Personal Training

Tuesday/Thursday 9:30 a.m. – 10:30 a.m.: Eight (8) people are participating in the class, and all are paying by the class.

Tuesday/Thursday 10:30 a.m. and 5:30 p.m.: Both classes have three (3) participants enrolled, and all have paid for the monthly session. Classes are held in the Cardio Room and Tide/Low Tide Room. Geri D'Italia, Instructor.

Senior Aerobics – Over 50 Fitness

Ten (10) seniors have been participating in the class. One (1) participant paid for the session; all others are participating by the class. Classes are held on Tuesdays and Thursdays from 3:00 p.m. – 4:00 p.m. The session is \$50 per month or a \$7 drop-in fee. Judy Fischer, Instructor.

Tae Kwon Do

Youth Participation: April: Five (5) children have been participating in the youth classes held on Saturdays in the gym at 9:00 a.m. Participants can join the class at anytime.

Adult Participation: April: Twenty-three (23) adults have been participating in classes offered Saturdays in the gym from 11:00 a.m. to 12:00 noon, Wednesdays in the gym from 7:00 p.m. to 8:30 p.m., and Mondays in the Magnolia Room from 6:30 p.m. to 7:30 p.m. Adults can join classes at any time.

Tae Kwon Do Tournament

Sixty-three (63) people from North Carolina, Georgia, Tennessee, California and South Carolina participated in the Annual Tae Kwon Do Tournament which was held on Saturday, April 18th. The event included adults and children competing in forms and sparring, and those eligible completed in the black belt testing. The tournament started at 10:00 a.m. and ended around 5:00 p.m. Jack Emmel, Tournament Director.

Tai Chi/Qigong

Five (5) people have participated in the April Tai Chi classes held on Tuesdays at 11:00 a.m. in the Palmetto Room; the class has a \$10 walk-in fee. Connie Cossetti, Instructor.

Tennis

Youth and adult tennis instruction has ended for the season. Classes will resume middle/end of summer; the tennis instructor is currently on maternity leave. Corinne Enright, Instructor.

Tiny Tots 3-year old Pre-K Program

The 3-year old pre-K program continues to run smoothly. Monday – Friday classes are full with ten (10) children; the class is working on the end of the year celebration scheduled for Thursday, May 21st. Cathy Adams, Instructor.

Total Body Challenge (TBC)

Thirteen (13) people participated in morning aerobics classes held Monday – Friday at 8:00 a.m. to 9:00 a.m. in the High Tide/Low Tide Room. Pat Boyd and Angela Reinhardt, Instructors.

Wellness Walkers

Eleven (11) people have been participating in the Wellness Walkers program. The walking group meets in the lobby on Fridays at 3:00 p.m. – 4:00 p.m.; the group socializes and walks at least one (1) mile, nineteen (19) laps around the gym.

Wellness Workshops

Workshops will resume in September. Judy Fischer, Instructor.

Writing Your Story

Classes will resume in September.

Yoga - Afternoon

Seven (7) people participated in the class. One (1) participant paid for the session, and all other participants paid by the class. Classes were held on Tuesdays and Thursdays in the High Tide/Low Tide Room from 12:30 p.m. – 2:00 p.m. Pat Boyd, Instructor.

Yoga - Evening

Nine (9), people participated in the evening yoga classes. All participants paid by the class; classes were held on Wednesdays at 5:30 p.m. – 6:30 p.m. Jen Schoolfield, Instructor.

Yoga – Morning

Eighteen (18) people participated. Three (3) participants paid for the session; all others paid by the class. Classes are held on Mondays, Wednesdays and Fridays at 9:15 a.m. in the High Tide/Low Tide Room. Pat Boyd, Instructor.

Yoga – Saturday

Eighteen (18) people participated in the Saturday class. All participants paid by the classes that are held on Saturdays at 10:00 a.m. – 11:15 a.m. in the Palmetto Room. Jen Schoolfield, Instructor.

Zumba

Thirty (30) people participated. Participants could attend four (4) classes for \$25 or eight (8) classes for \$50; participants also had the option of paying \$8 per class. Classes were held Mondays and Wednesdays at 6:45 p.m. in the High Tide/Low Tide Room. Dale Ellison, Instructor.

Miscellaneous Work:

- Working on Summer 2015 Activity Guide.
- Updated RecTrac with classes for Summer Activity Guide for June - August 2015.
- Scheduled upcoming summer program schedules with instructors.
- Set up classrooms for programs.
- Maintained room schedules to accommodate programs/classes.
- Maintained payments and payment sign-in sheets for participants.
- Developed weekly employee work schedules.
- Weekly Recreation deposits and collection reports.
- Attended Recreation Committee Meeting on Monday, April 6th.
- Attended Department Head Meeting on Monday, April 13th.
- Attended Budget Workshop on Monday, April 13th.
- Assisted with Tae Kwon Do Tournament preparations and registration.
- Assisted with preparations for the Annual Yard Sale.
- Attended ADA Compliance Meeting on Wednesday, April 29th.

SPECIAL EVENTS

Andy Sinwald

Keenagers

The Keenagers senior social group potluck lunch meeting was held on April 1st at 12:00 p.m. Participants brought a covered dish entrée or dessert to share. Forty-two (42) people attended the meeting, and Tony Young and Karin Welcher from *Backporch Storytellers* told a few stories for entertainment. The Lunch Bunch group met at Morgan Creek Grill on April 8th. The next meeting is scheduled for Wednesday, May 6th; this will be the last meeting until September.

Employee Wellness Program

In cooperation with existing instructors, a group of exercise classes are offered to City employees at no charge. The classes are also available to the general public with a nominal walk-in fee; these classes are held at the Recreation Department. Classes offered include BOSU, Semi-Personal Training, Total Body Challenge, Pilates, Yoga and Zumba. Employees are encouraged, through the wellness newsletter and reminder emails, to continue their fitness miles record-keeping, to participate in the exercise programs in the Cardio Room, and to attend the instructional classes available to them.

Minute to Win It Wellness Activity

On Friday, April 24th, sixteen (16) City employees and one (1) City Council member participated in a wellness activity which took place in the fire bay at the Public Safety Building at 11:30 a.m. Participants competed in minute-long challenges for prizes and bragging rights. Everyone who participated has been entered in the quarterly drawing for a \$50 gas card for sharing in the wellness program.

An Egg-cellent Craft

On Thursday, April 2nd at 10:00 a.m., twenty three (23) children participated in an Easter Egg decorating activity. Each child was supplied with four (4) hard boiled eggs and an assortment of egg dye colors and stickers to decorate their eggs. All materials were supplied by the Recreation Department.

Easter Egg Hunt

The annual IOP Easter Egg Hunt was held on Saturday, April 4th at 10:00 a.m. sharp. Approximately seven hundred (700) children participated in the event. There were four (4) age groups searching for Easter Eggs to hand in for a bag of candy; the age groups included 3 and under, 4-6, 7-9, and 10-12. The 10-12 age group were required to put together two halves of their egg before turning them in for candy. Volunteers from Wando High School assisted with set-up, candy distribution, and clean-up. The day featured jump castles, a balloon artist, a photo booth, a face painter, and an appearance by the Easter Bunny. Lowcountry Fun Foods provided free cotton candy and the Kona Ice truck provided free Kona Ice during the event.

Middle School Dance

On Friday, April 10th from 7:00 p.m. to 9:30 p.m., the Recreation Department hosted a Middle School Dance with one hundred and ninety-nine (199) middle school students attending. Admission to the dance was \$5 at the door; a DJ, jump castles, and concessions were provided for participants. The event was supervised by the Recreation staff with assistance from the Police Department.

Yard Sale

The annual IOP Yard Sale was held on Saturday, April 25th from 8:00 a.m. to 12:00 p.m. on Hartnett Boulevard between 27th and 29th Avenues. Fifty (50) 10' by 10' spaces were reserved for the event, and vendors purchased spaces for \$5. From 8:00 a.m. to 10:30 a.m., there was a wonderful turnout as hundreds of shoppers stopped by before rain cut the event short. Goodwill Industries arrived to collect unsold and unwanted items that were left by the Yard Sale vendors.

Summer Camp

Field trips and activities are being organized with weekly themes in mind. Camp shirts have been designed and ordered; supplies and snacks are being ordered and will be ready for the first day of camp on Monday, June 8th.

Camp Summershine ages 5-12

Week 1: June 8 - 12 - Discover Nature

Week 2: June 15 - 19 - Life on the Sea

Week 3: June 22 - 26 - Space is the Place

Week 4: June 29 - July 2 - Dodge This!

Week 5: July 6 - 10 - Whirling Waters Week

Week 6: July 13 - 17 - Game Show Mania

Week 7: July 20 - 24 - Fun With Food

Week 8: July 27 - 31 - Island Idol

Wee Camp ages 3-4

Week 1: June 8 - 12 - Barnyard Palooza

Week 2: June 15 - 19 - Disney Week

Week 3: June 22 - 26 - Once Upon A Time

Week 4: June 29 - July 2 - Holidaze

Week 5: July 6 - 10 - Splish Splash Week

Week 6: July 13 - 17 - Under the Big Top

Week 7: July 20 - 24 - Fun With Food

Week 8: July 27 - 31 - Music Makers

UPCOMING EVENTS

Music in the Park

On Saturday, May 9th from 1:00 p.m. to 4:00 p.m. the Recreation Department will host a free Music in the Park event. Musicians John Emil and YeeHaw Junction will provide entertainment, and a local restaurant will offer food throughout the event. Those who attend are encouraged to bring lawn chairs and/or blankets to sit on the grass under the oak trees.

Piccolo Spoleto Sand Sculpting Competition

The 27th Annual Piccolo Spoleto Sand Sculpting Competition will be held on Saturday, May 30th at 9:00 a.m. on Front Beach. The Recreation Department has been working with Chris Tindal in determining first place awards, shirt designs, registrations, and layout for the event. Prizes donated from participating sponsors will be awarded to the top three (3) in the categories of: Adult (21 and older), Family (at least one adult & one young adult or child), Young Adult (ages 15-20), Children's (ages 14 and under), Best Architectural, Most Creative, and Best in Show – Overall. Sponsors include: *Windjammer, Harris Teeter, Morgan Creek Grill, Sea Biscuit, My Favorite Things, Splash, Banana Cabana, Coconut Joe's, The Dinghy, Acme Lowcountry Kitchen, Sky Zone, Isle of Palms Marina, East Cooper Sporting Goods, Long Island Café, Marco's Pizza, and IOP Beach Chair Co.*

OTHER WORK PERFORMED

- Updated information boards at the Connector and Breach Inlet.
- Supervised School's Out Activities.
- Worked on Summer 2015 Activity Guide.
- Signed participants up for classes/programs offered by the Recreation Department.

ATHLETICS

Aaron Sweet

Adult Spring Softball

Five (5) teams signed up to play in the spring league. The captain's meeting was held on Tuesday, March 3rd at 5:30p.m. Games started on Wednesday, March 25th and are played on Wednesday evenings. The regular season will be followed by a double elimination or single elimination post-season tournament. Regular season champions will receive t-shirts; the tournament champions will receive a plaque and t-shirts. Charleston Officials will umpire games, while a Recreation Staff member is on-site to keep score and supervise the league.

Adult Spring 3 on 3 Basketball

The league filled up with twelve (12) teams, and the captain's meeting was held on Tuesday, March 4th at 6:00 p.m. Games are played on Tuesday evenings and started on Tuesday, March 24th. Regular season and post-season champions will receive t-shirts. Games will be officiated by the players with a Recreation Staff member on-site to keep score and supervise the league.

Adult Spring 6 vs. 6 Soccer

The league has six (6) teams competing against one another. Games are played on Tuesday evenings and started on Tuesday, March 24th. Regular season and post-season champions will receive t-shirts. Games are officiated by Paragon Assigning, and a Recreation staff member is on-site to keep books and supervise the league.

Adult Fall Table Tennis Singles League

Games are played on Tuesdays from 10:20 a.m. – 12:40 p.m. Nine (9) participants have signed up for the league, and the season started on Tuesday, March 18th. Table One is set up for league matches; Table Two is set up for anyone wanting to get a league pickup game. The regular season champion and tournament champion will receive a shirt; a double elimination tournament will take place following the regular season. Games and scores are kept and recorded by the players and Recreation staff.

17th Annual Half Rubber Tournament

The 17th Annual Half Rubber Tournament is scheduled for Saturday, August 15th and Sunday, August 16th if needed. The captains' meeting/check-in will begin at 7:30 a.m., and games will begin at 8:00 a.m. The registration fee is \$25 per person, and teams may consist of 3 or 4 players. Sponsors for the tournament are being solicited for first and second place winners. Tournament information has been posted on the www.halfrubber.com along with the City of Isle of Palms website.

Youth Sports

Baseball

Registration for baseball was held January 26th – February 20th for Isle of Palms' residents, and open registration began on Monday, February 2nd. Mandatory player/parent meetings were held on Wednesday, March 4th. The Fast Start meeting began at 5:15 p.m.; the T-Ball, Machine Pitch and Youth Baseball meeting began at 6:00 p.m. Every team leader and coach received a packet containing ways to create skill drills that can be used to make practice a fun, learning experience. Coaches and players received their team assignments, player information, league rules and league schedule.

Fast Start Baseball (3 & 4 year olds)

Activities are scheduled for Saturdays and will consist of fundamental learning drills. Six (6) teams were formed with a total of forty-six (46) children enrolled. Activity days are held on Saturday mornings on the soccer field and started on Saturday, March 14th. All participants received a medal at the end of the season on April 18th.

T-Ball (5 & 6 year olds)

Games kicked off Saturday, April 11th. Coaches umpire the games; no scores or league standings are kept. All participants will receive a participation medal.

Machine Pitch (7 & 8 year olds)

Games are played on the softball field every Saturday morning and began Saturday, April 11th. Coaches umpire the games; no scores or league standings are kept. All participants will receive a participation medal.

Youth Baseball (9 – 12 years old)

Games began Monday, April 6th. Regular season champions and post-season champions will receive medals; Charleston Officials will umpire the games with Recreation staff on-site to keep score.

Youth Baseball Registration *(as of April 27, 2015)*

Fast Start Baseball	Total: 46	IOP resident: 17	Non-resident: 29
5/6 T-Ball	Total: 63	IOP resident: 24	Non-resident: 39
7/8 Machine Pitch	Total: 45	IOP resident: 23	Non-resident: 22
9/12 Youth Baseball	Total: 46	IOP resident: 25	Non-resident: 21

Isle of Palms Beach Run

The Isle of Palms Beach Run is scheduled for Saturday, July 25th. The Beach Run consists of 5K/10K runs, 5K walk and Youth Fun Runs; the 5K/10K events will begin at 8:00 a.m., and Youth Fun Runs will begin around 9:00 a.m. The registration fee is \$30 for the 5/10K Run and Walk and \$10 for the Youth Fun Runs. Moisture wicking shirts will be given to all race participants who register on or before Friday, June 12th; packet pick-up will be held on Friday, July 24th from 4:30-6:30 p.m. at The Windjammer. The 10K and 5K Run/Walk winners will receive medals, and all Youth Fun Run participants will receive participation ribbons. Recreation staff are currently working on sponsors and volunteers for the event.

Volleyball League Play

Volleyball League Play is an opportunity for youth, in grades 4th – 8th, to participate in a volleyball league. On Thursday nights, Laura and Kreg Togami (clinic instructors) instruct and play from 5:00 p.m. – 8:30 p.m. Participants sign up for 4 sessions at a time, and the fee is \$40 for residents and \$45 for non-residents. The next session will be held May 7th – May 28th.

April 9 th – April 30 th	4 th -5 th grade = 20	Isle of Palms: 6	Non-residents: 14
April 9 th – April 30 th	6 th -8 th grade = 33	Isle of Palms: 7	Non-residents: 26
April 9 th – April 30 th	Varsity = 0	Isle of Palms: 0	Non-residents: 0

Miscellaneous

- Held the School's Out activities April 1st and April 2nd.
- Assisted with the setup of the Yard Sale.
- Assisted with the setup and cleanup of the Keenagers luncheon.
- Assisted with the setup and supervision of An Egg-Cellent Craft.
- Assisted with the setup of the Easter Egg Hunt.
- Assisted with the setup and the supervision of the Middle School Dance on April 10th.

COMMUNITY SPECIALIST

By Holly Norton

Daily Responsibilities

- Completed evening procedures and reported damages to supervisor.
- Set up classrooms for next program when supervisors were unavailable.
- Updated Department's media center as needed.
- Registered class participants, answered phones and welcomed visitors.
- Updated daily front desk information folders.
- Monitored security cameras.
- Managed the sign-in sheets for gymnasium and cardio room.
- Answered questions regarding current and upcoming programs/events.
- Assisted the Director and other staff members on a regular basis.
- Prepared purchase orders for staff.
- Participated in daily/weekly staff meetings.
- Continued to post and update events and activities on community calendars, media outlets, and event sites/contacts.
- Developed monthly calendars to include daily programs and activities being held.
- Showed first time visitors around Recreation Center and introduced them to the opportunities and programs that are available.
- Completed housekeeping duties when supervisor was unavailable.

Other Duties

- Located and placed special events/newspaper articles into binder.
- Maintained lost-and-found folder and bins.
- Completed and sent out weekly PSA's.
- Completed and sent out Real Estate PSA.
- Updated news calendars on local websites.
- Made signs for gym closing and cancelled classes.
- Helped with social media events.
- Updated class schedules for May.
- Updated free t-shirt information.
- Made blue banner for Tae Kwon Do Tournament.
- Sent out upcoming events to the Island Eye News.
- Created weekly reviews for the front desk staff.
- Took photos for Easter Egg Hunt.
- Helped set up for gymnastics.

PARKS & FACILITIES

Shelia Redmon

Housekeeping

- Performed routine housekeeping duties.
- Completed monthly safety inspections.
- Cleaned and serviced housekeeping maintenance equipment.
- Replaced and refilled air fresheners and other sanitary devices.
- Sanitized ice machines.
- Supervised monthly inside pest control service.

Facility Preparations

- Assisted with the set-up of gymnasium and classrooms for daily scheduled programs, athletics, activities, meetings and special events.

Interior Maintenance

- Serviced, lubricated and cleaned Cardio room equipment.
- Unclogged toilets and drains as needed.
- Re-tightened hardware in the restrooms.
- Replaced light bulbs and ballasts as needed.
- Machine-scrubbed the facility halls, class rooms and gym floor.
- Performed seasonal cleaning in pre-school rooms during the holiday break.
- Contacted and supervised Berkeley Heating & Air during a system malfunction service call for the two (2) gymnasium air conditioning/heating units.

Exterior Maintenance

- Inspected equipment, collected lost & found items and removed debris around the playground.
- Removed trash and debris from around the building.
- Performed weekly cleaning of the Expansion porches and rocking chairs.

Miscellaneous

- Attended staff meetings.
- Placed phone calls to and met with supply sales representatives.
- Ordered and received maintenance supplies.

PARKS & GROUNDS MAINTENANCE

Robert Asero

Recreation Building and Activities

- Completed monthly reports.
- Assisted in monthly functions as needed.
- Cut and cleaned turf on Harnett Avenue for upcoming Yard Sale.
- Delivered remaining Yard Sale items to Goodwill.

Recreation Grounds

- Cleaned trash receptacle tops at front entrance.
- Lined soccer, softball, and baseball fields as needed for events.
- Cleared ditch of debris at 27th Avenue and cleared drain at soccer field.
- Filled and graded ruts on Harnett Avenue.
- Pulled weeds from beds around building as needed.
- Trimmed oak trees at Harnett Avenue for upcoming Yard Sale.
- Sprayed for fire ants at the site of the upcoming Yard Sale.
- Applied fire ant spray as needed on fields and walkways.
- Edged all walkways.
- Raked and removed leaves around building.

Playground

- Added eighty-six (86) yards of mulch to playground.
- Re-leveled playground.
- Completed monthly inspection safety check of playground equipment.
- Hammered pegs into place at the playground perimeter.

Basketball and Tennis Courts

- Re-tied windscreen to fence at the tennis court.
- Cleaned courts daily.
- Sprayed for fire ants.

Baseball (Scalise) Field

- Scarified edge of field and re-leveled.
- Sprayed for fire ants as needed.
- Filled holes in the outfield.
- Replaced temporary fence post and made repairs as needed.

Softball (Clarkin) Field

- Applied weed killer on field and dugouts.
- Sprayed for fire ants as needed.

Soccer Field

- Cleaned drainage ditch at the field.

Bark Park

- Filled holes as needed.
- Filled pooper-scoopers as needed.
- Repaired sod in front of the Bark Park.

Multi-purpose Field

- Picked up debris and maintained area as needed.
- Sprayed for fire ants.

Equipment

- Washed truck, golf cart and tractor.
- Repaired Stihl edger.
- Repaired battery on the paint lining machine.
- Repaired loose connection on Toro.

Other

- Lined Palm Boulevard weekly and as needed.
- Painted curbs safety yellow.